



424 St Hwy 5 W Waconia MN 55387

☐ Ridgeview Professional Building – Pond Level, Suite 2
(Take Elevator down to -2)
560 South Maple Street Waconia, MN 55387

☐ Two Twelve Medical Center - Suite 320
111 Hundertmark Road Chaska, MN 55318

First & Last Name
Street address of patient
City, State & Zip Code

Procedure: Endoscopy (EGD)

Date:

Arrival Time: 11:45 AM

☐ Dr. Dawn Stapleton

☐ Dr. Timothy Thormodsgard

☐ Dr. Steven Turner

Patient Responsibility	<ul style="list-style-type: none">• Contact your Insurance Company to verify coverage and benefits. If prior authorization is required prior to procedure, contact your primary care clinic for a referral to be submitted to insurance.• A driver is required on the day of the procedure.• <i>If you need to cancel or change your appointment, please call Lakeview Clinic at 952-442-5755</i>
Diabetics: Please read	<ul style="list-style-type: none">• If you are taking oral medications or using Insulin, please contact your primary care provider or Endocrinologist as they may need to be adjusted and you may need a modified diet prior to procedure.
7 days prior to Procedure	<ul style="list-style-type: none">• <u>Stop</u> GLP-1 medications: Dulaglutide (Trulicity), Exenatide (Byetta, Bydureon), Liraglutide (Victoza), Lixisenatide (Adlyxin), or Semaglutide (Ozempic, Rybelsus, Wegovy) Check with your primary care provider or Endocrinologist before temporarily stopping these medications
5 days prior to Procedure	<ul style="list-style-type: none">• <u>Stop</u> taking Coumadin (Warfarin)• <u>Stop</u> taking Plavix. Discuss with primary care physician or cardiologist prior to stopping

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2 -3 days prior to Procedure	<ul style="list-style-type: none"> • Xarelto (Rivaroxaban), Pradaxa (Dabigatran Etexilate) and Eliquis: It is recommended to stop taking these medications <u>two days</u> prior to your procedure. If you have chronic kidney disease these medications should be stopped <u>three days</u> prior to your procedure. If your primary care provider DOES NOT want you to stop taking these medications, please have your primary care provider contact the provider doing the procedure
1 (one) day prior to Procedure	<ul style="list-style-type: none"> • <u>No</u> alcoholic beverages 24 hours prior to procedure • You may and should eat normally throughout the day
Starting at midnight through procedure	<ul style="list-style-type: none"> • Clear liquids only: Gatorade, water, apple juice, soup bouillon (NO RED LIQUIDS) • <u>Avoid</u> dairy products, large quantities of caffeinated products and carbonated beverages • No tobacco products (cigarettes, smokeless, e-cigarettes, etc) after midnight the night before your scheduled procedure.
Day of your Procedure	<ul style="list-style-type: none"> • DO NOT smoke, chew tobacco, use e-cigarettes, THC, Marijuana or illicit drugs. • 5:00am Take your essential medications (except as mentioned) with a small amount of water. Wait to take any non-essential medications until after the procedure • <u>Do not eat breakfast. NO SOLID FOODS.</u> • You may have clear liquids but <u>do not</u> drink any fluids <u>2 hours before</u> your check in time
Day of your Procedure	<ul style="list-style-type: none"> • A driver is required to drive you home. Your driver must pick you up within 2 hours after dropping you off. Public transportation is not an option. • Bring all prescription medications and supplements with or bring a complete list with dosing and instructions • Wear loose fitting clothing • Do not wear perfume or cologne • Bring photo ID and Insurance card(s)

If you have any questions, please contact the Procedure Scheduling Team at Lakeview Clinic at (952) 442–5755.

Comments: