



Ridgeview Professional Building- Pond Level, Suite 2  
 (Take Elevator Down to -2)  
 560 South Maple Street Waconia, MN 55387

424 State Hwy 5 W. Waconia, MN 55387

Two Twelve Medical Center- Suite 320111  
 Hundertmark Road Chaska, MN 55318

**IMPORTANT:** These procedures are done at the highlighted address above, **NOT** at Lakeview Clinic.

FIRST AND LAST NAME  
 ADDRESS  
 CITY, STATE, AND ZIP

**Procedure:** Flex Sig

**Date:**

**Arrival Time:**

Dr. Todd Elftmann  
 Dr. Kevin Taylor

Dr. Dawn Stapleton  
 Dr. Timothy Thormodsgard

Dr. Boriana Petkov  
 Dr. Steven Turner

<b>Patient Responsibility</b>	<ul style="list-style-type: none"> <li>• Contact your Insurance Company to verify coverage and benefits. If prior authorization is required prior to procedure, contact your primary care clinic for a referral to be submitted to insurance.</li> <li>• If you feel you need sedation, a driver is required on the day of the procedure</li> <li>• <i>If you need to cancel or change your appointment, please call Lakeview Clinic at 952-442-5755.</i></li> <li>• Purchase 2 non-prescription Fleet Enemas from your pharmacy</li> </ul>
<b>7 days prior to Procedure</b>	<ul style="list-style-type: none"> <li>• <b>Stop</b> taking NSAIDS (Aspirin, Ibuprofen, etc) Tylenol <u>is</u> ok</li> <li>• <b>Stop</b> taking Plavix (Clopidogrel)</li> <li>• <b>Stop</b> GLP-1 medications <b>such as but not limited to:</b> Dulaglutide (Trulicity), Exenatide (Byetta), Tirzepatides (Mounjaro, Zepbound) Liraglutide (Victoza), Lixisenatide (Adlyxin), or Semaglutide (Ozempic, Rybelsus, Wegovy) Check with your primary care provider or Endocrinologist before temporarily stopping these medications</li> </ul>
<b>5 days prior to Procedure</b>	<ul style="list-style-type: none"> <li>• <b>Stop</b> taking Coumadin (Warfarin)</li> <li>• Make sure that you have picked up your two (2) non-prescription Fleet Enemas from your pharmacy</li> </ul>

<b>2 – 3 days prior to Procedure</b>	<ul style="list-style-type: none"> <li>• <b>Xarelto</b> (Rivaroxaban), <b>Pradaxa</b> (Dabigatran Etexilate), and <b>Eliquis:</b> It is recommended to stop taking these medications <u>two days</u> prior to your procedure. <b>If you have chronic kidney disease</b>, these medications should be stopped <u>three days</u> prior to your procedure. If your primary care provider <b>DOES NOT</b> want you to stop taking these medications, please have your primary care provider contact the provider doing the procedure</li> </ul> <p style="text-align: right;"><b>CONTINUED ON NEXT PAGE ≥</b></p>
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<b>1 (one) day prior to Procedure</b>	<ul style="list-style-type: none"> <li>You may eat normally</li> <li><b><u>NO</u></b> alcoholic beverages</li> </ul>
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<b>Day of your Procedure</b>	<ul style="list-style-type: none"> <li><b><u>Do not</u></b> eat 8 hours prior to your procedure</li> <li>Continue to drink clear liquids</li> <li>You may take your medications</li> <li><b>2 hours prior to check-in time</b> – Perform 1<sup>st</sup> Enema</li> <li><b>1 hour prior to check-in time</b> – Perform 2<sup>nd</sup> Enema</li> <li>Stool should be yellow/clear absent of sediment</li> </ul>
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<b>Day of your Procedure</b>	<ul style="list-style-type: none"> <li>If using sedation, <b>DO NOT</b> smoke, chew tobacco, use e-cigarettes, THC, marijuana or illicit drugs</li> <li>If you feel you need sedation, a driver is required. If you request sedation and do not have a driver, you will be given the option to proceed without sedation or reschedule. Driver must come inside and pick you up within 2 hours of the procedure.</li> <li>If you have sedation, you will need to <b>stop</b> drinking clear liquids 2 hours prior to procedure</li> <li>Bring all prescription medications and supplements with or bring a complete list with dosing and instructions</li> <li>Wear loose fitting clothing</li> <li><b>Do not</b> wear perfume or cologne</li> <li>Bring photo ID and Insurance card(s)</li> </ul>
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**If you have any questions, please contact the Procedure Scheduling Team at Lakeview Clinic at (952) 442–5755.**

Comments: