



424 St Hwy 5 W Waconia MN 55387

☐ Ridgeview Professional Building – Pond Level, Suite 2
(Take Elevator down to -2)
560 South Maple Street Waconia, MN 55387

☐ Two Twelve Medical Center - Suite 320
111 Hundertmark Road Chaska, MN 55318

First & Last Name
Street address of patient
City, State & Zip Code

Procedure: Flex Sig

Date: Thursday July 17, 2025

Arrival Time: 8:45 AM

Dr. Todd Elftmann
Dr. Kevin Taylor

(X) Dr. Dawn Stapleton
Dr. Timothy Thormodsgard

Dr. Boriana Petkov
Dr. Steven Turner

Patient Responsibility	<ul style="list-style-type: none">• Contact your Insurance Company to verify coverage and benefits. If prior authorization is required prior to procedure, contact your primary care clinic for a referral to be submitted to insurance.• If you feel you need sedation, a driver is required on the day of the procedure• <i>If you need to cancel or change your appointment, please call Lakeview Clinic at 952-442-5755.</i>• Purchase 2 non-prescription Fleet Enemas from your pharmacy
7 days prior to Procedure	<ul style="list-style-type: none">• <u>Stop</u> taking NSAIDS (Aspirin, Ibuprofen, etc) Tylenol <u>is</u> ok• <u>Stop</u> taking Plavix (Clopidogrel)• <u>Stop</u> GLP-1 medications: Dulaglutide (Trulicity), Exenatide (Byetta, Bydureon), Liraglutide (Victoza), Lixisenatide (Adlyxin), or Semaglutide (Ozempic, Rybelsus, Wegovy) Check with your primary care provider or Endocrinologist before temporarily stopping these medications
5 days prior to Procedure	<ul style="list-style-type: none">• <u>Stop</u> taking Coumadin (Warfarin)• Make sure that you have picked up your two (2) non-prescription Fleet Enemas from your pharmacy

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2 – 3 days prior to Procedure	<ul style="list-style-type: none"> • Xarelto (Rivaroxaban), Pradaxa (Dabigatran Etexilate) and Eliquis: It is recommended to stop taking these medications <u>two days</u> prior to your procedure. If you have chronic kidney disease these medications should be stopped <u>three days</u> prior to your procedure. If your primary care provider DOES NOT want you to stop taking these medications, please have your primary care provider contact the provider doing the procedure
1 (one) day prior to Procedure	<ul style="list-style-type: none"> • You may eat normally • <u>NO</u> alcoholic beverages
Day of your Procedure	<ul style="list-style-type: none"> • <u>Do not</u> eat 8 hours prior to your procedure • Continue to drink clear liquids • You may take your medications • 2 hours prior to check-in time – Perform 1st Enema • 1 hour prior to check-in time – Perform 2nd Enema • Stool should be yellow/clear absent of sediment
Day of your Procedure	<ul style="list-style-type: none"> • If using sedation, DO NOT smoke, chew tobacco, use e-cigarettes, THC, marijuana or illicit drugs • If you feel you need sedation, a driver is required. If you request sedation and do not have a driver, you will be given the option to proceed without sedation or reschedule. Driver must come inside and pick you up within 2 hours of the procedure. • If you have sedation, you will need to stop drinking clear liquids 2 hours prior to procedure • Bring all prescription medications and supplements with or bring a complete list with dosing and instructions • Wear loose fitting clothing • Do not wear perfume or cologne • Bring photo ID and Insurance card(s)

If you have any questions, please contact the Procedure Scheduling Team at Lakeview Clinic at (952) 442–5755

Comments: