Lakeview Clinic Ltd.

Mammography instructions for your appointment on _____

at _____. Please check in at the registration desk at Lakeview Clinic in Waconia.

Lakeview Clinic Now offers all mammography patients the option to have a Genius 3D Mammography exam, the most accurate mammogram available!
We recommend that you call your insurance provider to check your individual coverage for a Screening 3D Mammography exam. See reverse side for more information!

Mammogram Patient Instructions

1. You are scheduled for a screening mammogram. If you have a breast lump, nipple discharge, or breast pain, please contact your physician before scheduling your exam.

2. If you have had previous mammograms done somewhere other than Lakeview Clinic, or Ridgeview Medical Center, please bring or have those images and reports sent to Lakeview for comparison.

3. Some doctors suggest that you avoid caffeine 3 weeks prior to the mammogram to decrease sensitivity of your breast. You may consider this recommendation if you have concerns.

4. Please remove any deodorant, powders, lotions, or ointments of any sort in the breast/underarm area prior to your mammogram appointment.

5. You may have a clinical breast exam at our around the time of your mammogram. As good as mammography is, it isn't fool proof. Doing monthly breast self-exams is also important.

6. Please wait a complete 12 month period between your screening mammograms. This is in compliance with the American College of Radiology radiation guidelines.

7. Because this is an x-ray procedure:

-We cannot allow children into the exam room. Please arrange for someone to come along to watch small children.

-Please contact your physician if there is any chance you could be pregnant.

-Screening mammography is not recommended until breast feeding has been discontinued.

Our address: Lakeview Clinic 424 State Hwy. 5 West Waconia, MN 55387

To reschedule your exam call the appointment desk.
If you have questions regarding your exam, you may call the Imaging department at (952)442-4461 ext. 7282

LKV 379

Directions: Take Hwy. 5 to Waconia

Look for Cherry Street

Turn North onto Cherry Street

Take first driveway on the right

The Genius™ 3D Mammography™ Exam FAQS

Why should I get a Genius™ 3D Mammography™ exam?

The Genius™ exam provides better, earlier breast cancer detection compared to 2D alone. Greater accuracy means better breast cancer detection and a reduced chance of additional screenings. The Genius exam is proven to:

*Provide better, earlier breast cancer detection

*Reduce unnecessary callbacks by up to 40%

*Find on average, 20-65% more invasive cancers than conventional mammography alone

What should I expect during my Genius™ 3D Mammography™ exam?

The process of a Genius™ exam is the same as a conventional 2D exam. The technologist will position you, compress your breast, and take images from different angles. There's no additional compression required with the Genius exam, and it only takes a few extra seconds for an exam proven to be more accurate.

Who can have a Genius™ 3D Mammography™ exam?

The Genius exam is more accurate for women of all ages, with both dense and non-dense breasts, and the Genius exam is the only mammogram FDA approved as superior for women with dense breasts.

What about radiation?

Genius exams is comparable to a conventional 2D mammogram when using low dose software.

How does the Genius™ 3D Mammography™ exam work?

The Genius exam allows doctors to examine your breast tissue layer by layer. So, instead of viewing all of the complexities of your breast tissue in a flat image, as with conventional 2D mammography, fine details are more visible and no longer hidden by the tissue above or below.

A good analogy for the Genius exam is like thinking of the pages in a book. If you look down at the cover you cannot see all of the pages—but when you open it up, you can go through the entire book page by page to see everything between the covers.

The Genius exam consists of a 2D and 3D™ image set, where the 2D image can be generated from the 3D™ image set.

Many Insurance providers now cover 3D mammography when you have your annual screening exam. We recommend that you call your insurance provider, prior to scheduling your mammogram appointment, to check your individual coverage.

-The Mammography staff at Lakeview Clinic look forward to seeing you soon at your next appointment with us!

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