

Therapy & Counseling Resources

fasttrackermn.org - enter location and insurance to get a list of available locations/resources

Integrative Therapy: Integrative therapy is an individualized, holistic approach to therapy that combines ideas and techniques from different therapeutic schools of thought with the goal of using therapeutic techniques that are empirically proven to be effective in the treatment of a specific problem.

- [Cashman Center](#): Chaska & Burnsville (formerly Justin Kukowski Center)
- [Prairie Care Integrative Medicine](#): Chaska

Psychotherapy & Counseling:

- [Minnesota Mental Health Clinics: Edina](#)
- [BHSI – Behavioral Health Services](#): Shakopee Wayzata **(Telehealth Options)**
- [The Jonas Center](#): Cologne, Glencoe, Belle Plaine, Litchfield, Eden Prairie, Burnsville
- [Clinical and Developmental Services](#): Edina & Waconia
- [Blossom Whole Family Therapy](#): Minnetonka
- [Washburn Child Development](#): Edina, Minneapolis, Brooklyn Park
- [First Street Center](#): Waconia & Chaska **(For Carver County Residents)**
- [Lorenz Clinic](#): Victoria, Chaska, Prior Lake, Rosemount, Wayzata
- [Prairie Care](#): Chaska, Edina, Chaska
- [North Star Regional Health](#): Chaska, Chanhassen, Shakopee
- [Nystrom Counseling](#): Chaska, Eden Prairie, Edina, Hutchinson, Minnetonka **(Virtual Options)**
- [Barbara T. Martin, PhD: \(Specializing in OCD\)](#) Savage
- [Central MN Mental Health Center](#): Buffalo
- [River Valley Behavioral Health & Wellness Center: Savage](#)
- [Midwest Center for Trauma and Emotional Healing: Minnetonka](#)
- [Fireside Counseling: Waconia](#)
- [Northland Counseling](#): Chanhassen & Chaska
- [Pat Ahrens](#): Chanhassen (952)484-8318
- [Victoria Mental Health: Victoria](#)